

Native Wildflowers / Grasses / Ferns for Wildlife		Sun / Shade	Dry / Moist	Color of bloom	Time of bloom	Attracts insects	Annual/Biennial/ Perennial	Nesting / Perching	Nectar/Pollen	Buds/Cones/ Seeds/Fruit	Hummingbirds	Butterfly / moth/ Larvae	Protection	Nesting material	Bulb, Tuber, Rhizome, Runner	Mature Height (inches)	Revised 4/2023 by JLF, NM This document can be found at www.whitepineinps.org/WPLandsc.html
Yarrow	<i>Achillea millefolium</i>	Sun	Dry moist	White	Sum Fall	Yes	Per	Yes	N/P	Seed		BF	Y	Y	Rhiz	24	Spreads, reseeds
Trail plant	<i>Adenocaulon bicolor</i>	Shade	Dry Moist	Not showy	Sum		Per			Seed						24	
Allium species	<i>Allium spp.</i>	Sun	Dry	Pink, White	Sum	Yes	Per		N/P	Seed	Y				Bulb	15	Bulb divides
Pearly everlasting	<i>Anaphalis margaritacea</i>	Sun	Dry Moist	White	Sum	Yes	Per		N/P	Seed		BF Lar				24	Painted lady
Western anemone	<i>Anemone piperii</i>	Shade	Moist	White	Spr	Yes	Per		Pol	Seed						12	
Rush pussytoes	<i>Antennaria luzuloides</i>	Sun PSH	Dry	Cream	Sum	Yes	Per			Seed						15	
Lady fern	<i>Anthyrium filix-femina</i>	Shade	Moist				Per	Yes							Rhiz	48	
Western columbine	<i>Aquilegia formosa</i>	Sun Shade	Dry Moist	Red / yellow	Spr Sum	Yes	Per		N/P	Seed	Y					30	
Yellow columbine	<i>Aquilegia flavescens</i>	Sun Shade	Dry Moist	Yellow	Sum	Yes	Per		N/P	Seed	Y					30	
Heartleaf arnica	<i>Arnica cordifolia</i>	Sun Shade	Moist	Yellow	Spr Sum	Yes	Per		Pol	Seed					Rhiz	16	
Wild ginger	<i>Asarum caudatum</i>	Shade	Moist	Purple	Spr Sum	Ants	Per		Pol	Seed					Rhiz	8	Groundcover
Showy milkweed	<i>Asclepias speciosa</i>	Sun	Dry	Pink Cream	Sum	Yes	Per		Nec	Seed		Lar				48	spreads
Aster species	<i>Aster spp.</i>	Sun	Dry Moist	Purple Blue	Sum Fall	BF	Per		N/P	Seed		BF Lar			Rhiz	30	spreads
Arrowleaf balsamroot	<i>Balsamorhiza sagittata</i>	Sun	Dry	Yellow	Spr Sum	Yes	Per		N/P	Seed		BF Lar	Y			30	Slow growing
Red besseya	<i>Besseya rubra</i>	Sun Shade	Moist	Not showy	Sum	Yes	Per			Seed						12	
Deer fern	<i>Struthiopteris spicant</i> (formerly <i>Blechnum spicant</i>)	Shade	Moist				Per										
Mariposa or Sego lily	<i>Calochortus spp.</i>	Sun	Moist	Cream	Sum	Yes	Per		Pol	Seed					Bulb	24	Slow from bulb
Marsh marigold	<i>Caltha</i>	Sun Shade	Wet	Yellow White	Spr	Yes	Per		Pol	Seed						12	Best in wet area
Camas	<i>Camassia quamash</i>	Sun Shade	Moist	Blue	Spr	Yes	Per	Yes	N/P	Seed	Y				Bulb	25	Best in moist area

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Harebell	<i>Campanula rotundifolia</i>	Sun Shade	Dry Moist	Blue	Jul-Sep	Yes	Per		N/P	Seed	Y					18	
Sedge species	<i>Carex spp.</i>	Sun Shade	Moist				Per			Seed leaf				Y		var	Grass-like
Indian Paintbrush	<i>Castilleja spp.</i>	Sun	Dry	Red Yellow	Spr Sum	Y	Per		N/P	Seed	Y	Lar				15	Needs host
Fireweed	<i>Chamaenerion angustifolium</i>	Sun	Dry Moist	Purple	Sum	Y	Per		N/P	Seed	Y					48	invasive
Clarkia	<i>Clarkia spp.</i>	Sun	Dry	Pink	Sum	Y	Ann		N/P	Seed	Y					15	
Blue clematis	<i>Clematis columbiana</i>	PSH	Moist	Blue	Sum	Y	Per		Pol	Seed		BF				Vine	
Sugarbowl clematis	<i>Clematis hirsutissima</i>	Sun	Moist / Dry	Purple	Spr Sum	Y	Per		Pol	Seed		BF				24	
Collomia	<i>Collomia linearis, C. grandiflora</i>	Sun	Dry	Cream Salmon	Sum	Y	Ann		N/P	Seed	Y					18	Shoots seed
Creeping bunchberry	<i>Cornus unalaschkensis, C. canadensis</i>	PSH	Either	Cream, purple-tinged	Sum	Yes	Per	Y	N/P	Seed , Fruit					Rhizome	6	Semi evergreen; C. canadensis (purple-tinged petals), C. unalaschkensis (cream-colored petals)
Shrubby potentilla	<i>Dasiphora fruticosa (formerly Potentilla fruticose)</i>	Sun Shade	Dry Moist	Yellow	Spr Sum	Yes	Per		Pol	Seed		BF Lar				30	
Delphinium	<i>Delphinium nuttallianum</i>	Sun	Dry	Blue / Purple	Sum	Y	Per		N/P	Seed	Y					18	
Tufted hairgrass	<i>Deschampsia caespitosa</i>	Sun PSH	Moist		Sum		Per	N, P	Pol	Seed			Y			36	Forms tussock, Spreads
Dutchman's Breeches	<i>Dicentra cucullaria</i>	Shade	Moist	White	Spr Sum	Y	Per		Pol	Seed	?	Lar				18	Colony if happy
Shooting star	<i>Dodecatheon pulchellum</i>	Sun Shade	Moist	Purple	Spr Sum	Y	Per		N/P	Seed	Y					16	delicate
Fleabane	<i>Erigeron species</i>	Sun	Dry Moist	Purple White	Spr	Y	Per		Pol	Seed						var	
Wyeth's buckwheat	<i>Eriogonum heracleoides</i>	Sun	Dry	White	Sum	Y	Per		N/P	Seed		BF Lar				20	Green Hairstreak
Cushion or Mat buckwheat	<i>Eriogonum ovalifolium</i>	Sun	Dry	Cream Pink	Sum	Y	Per		N/P	Seed		BF Lar				16	Lupine BLue
Sulphur buckwheat	<i>Eriogonum umbellatum</i>	Sun	Dry	Yellow	Sum	Y	Per		N/P	Seed		BF Lar				20	Green Hairstreak, Lupine Blue
Oregon sunshine	<i>Eriophyllum lanatum</i>	Sun	Dry	Yellow	Sum	Y	Per		Pol	Seed		BF				20	

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Glacier lily	<i>Erythronium grandiflorum</i>	Sun Shade	Dry Moist	Yellow	Spr	Y	Per		N/P	Seed	Y				Bulb	15	
Showy aster	<i>Eurybia conspicua</i>	Sun Shade	Moist	Blue	Sum Fall	Bees	Per		Pol	Seed		BF			Rhiz	22	
Fescue	<i>Fescue spp.</i>	Sun	Dry		Sum	Y	Per	Nest	Pol	Seed		Lar				24	Branded, Branded, and Woodland Skipper
Woodland strawberry	<i>Fragaria vesca</i>	Sun Shade	Dry Moist	White	Spr Sum	Y	Per		Pol	Fruit		Lar			Run	4	Butterflies like Fragaria species
Wild strawberry	<i>Fragaria virginiana</i>	Sun Shade	Dry Moist	White	Spr Sum	Y	Per		Pol	Fruit		Lar			Run	4	Two-banded Checkered-Skipper
Clustered Frasera	<i>Frasera fastigiata</i>	Sun Shade	Moist	Blue	Sum	Y	Per		Pol	Seed						48	Meadow plant
Fritillaria species	<i>Fritillaria species</i>	Sun	Dry	Var	Spr Sum	Y	Per		Pol	Seed					Bulb	Var	
Blanket flower	<i>Gaillardia aristata</i>	Sun	Dry	Yellow Red	Sum Fall	Y	Per	Nest	N/P	Seed		BF L	Y			30	Good in container
Prairie smoke	<i>Geum triflorum</i>	Sun Shade	Dry Moist	Pink	Spr	Y	Per		Pol	Seed						15	
Sticky geranium	<i>Geranium viscosissimum</i>	Sun	Dry Moist	Pink	Sum	Y	Per		Pol	Seed						24	
Alum root	<i>Heuchera cylindrica</i>	Sun Shade	Moist	White	Sum	Y	Per		N/P	Seed	Y					22	Will form colony
Ballhead waterleaf	<i>Hydrophyllum capitatum</i>	PSH	Moist	Blue	Spr	Y	Per		Pol	Seed						12	
Mountain hollyhock	<i>Iliamna rivularis</i>	Sun Shade	Dry Moist	Pink	Sum	Y	Per	Yes	N/P	Seed	Y					60	
Scarlet Gilia	<i>Ipomopsis aggregata</i>	Sun	Dry	Red	Sum	Y	Bi		N/P	Seed	Y	BF				18	Biennial or short lived perennial; also white rare
Wild Iris	<i>Iris spp.</i>	Sun	Dry Moist	Var	Sum	Y	Per		Pol	Seed					Rhiz	18	
Twinflower	<i>Linnaea borealis</i>	Shade	Moist	Pink	Sum	Y	Per		Pol	Seed					Run	12	Time to establish
Western blue flax	<i>Linum lewisii</i>	Sun	Dry Moist	Blue	Sum	Y	Per		Pol	Seed						36	
Prairie Star	<i>Lithophragma parviflora, bulbosa</i>	Sun	Dry Moist	Pink White	Apr-Jun	Y	Per		Pol	Seed						15	Seed too vigorously in some areas
Puccoon	<i>Lithospermum ruderales</i>	Sun	Dry	Pale yellow	Spr	Y	Per		Pol	Seed						18	Porcelain-like seed
Gray's Lomatium	<i>Lomatium grayi</i>	Sun	Dry	Yellow	Apr-Jun	Y	Per		N/P	Seed		BF Lar				24	Taproot; Indra Swallowtail, Anise Swallowtail
Fernleaf Lomatium	<i>Lomatium dissectum</i>	Sun	Dry	Yellow	Apr-Jun	Y	Per		N/P	Seed		BF Lar				24	

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Lomatium	<i>Lomatium macrocarpum</i>	Sun	Dry	Yellow	Apr-Jun	Y	Per		N/P	Seed		BF Lar				24	
Nine-leaf Lomatium	<i>Lomatium triternatum</i>	Sun	Dry	Yellow	Apr-Jun	Y	Per		N/P	Seed		BF Lar				24	
Silver lupine	<i>Lupinus argenteus</i>	Sun	Dry	Lt Purple	Sum	Y	Per		N/P	Seed	Y	BF Lar				30	Reseeds; Arrowhead Blue, Silvery Blue
Lupine	<i>Lupinus sericeus</i>	Sun	Dry	Lt Blue	Sum	Y	Per		N/P	Seed	Y	BF, L				25	Reseeds; various Blues, Sooty Hairstreak, Sulphur
False Solomon's seal	<i>Maianthemum racemosum</i>	Shade	Moist	White	Sum	Y	Per		Pol	Berry					Rhiz	36	Spreads if happy
Star-flowered Solomon's seal	<i>Maianthemum stellatum</i>	Shade	Moist	White	Sum	Y	Per		Pol	Berry					Rhiz	24	Spreads if happy
Mertensia	<i>Mertensia longiflora</i>	Sun Shade	Dry Moist	Blue	Apr-Jun	Y	Per		Pol	Seed						12	
Musk-flowered monkey flower	<i>Erythranthe guttata (formerly Mimulus guttatus)</i>	Shade	Moist	Yellow	Sum	Yes	Per		N/P	Seed	Y	BF				24	Try in container
Monarda	<i>Monarda fistulosa,</i>	Sum	Moist	Purple	Sum	Yes	Per		N/P	Seed	Y	BF			Rhiz	48	Spreads
Mountain monardella	<i>Monardella odoratissima</i>	Sun	Dry	Pink-purple	Sum		Per		N/P	Seed	Y	Y				18	
Grass widow	<i>Olsynium douglasii</i>	Sun	Moist	Pink	Spr	Yes	Per		Pol	Seed		BF M				15	
Taperleaf penstemon	<i>Penstemon attenuatus</i>	Sun	Moist	Blue	Sum	Yes	Per		N/P	Seed	Y	BF				22	
Shrubby penstemon	<i>Penstemon fruticosus</i>	Sun	Moist Dry	Purple	Sum	Yes	Per		N/P	Seed	Y	BF				15	
Jacob's ladder, Sky pilot	<i>Polemonium spp.</i>	Sun	Moist	Blue	Sum	Yes	Per		Pol	Seed						18	
Sword fern	<i>Polystichum munitum</i>	Shade	Moist				Per	Y					Y			48	Tall fern
Slender potentilla (Cinquefoil)	<i>Potentilla gracilis</i>	Sun Shade	Dry Moist	Yellow	Spr Sum	Yes	Per		Pol	Seed		BF Lar				24	
Drymocalis (formerly Potentilla)	<i>Drymocalis arguta, glandulosa</i>	Sun Shade	Dry Moist	Yellow	Spr Sum	Yes	Per		Pol	Seed		BF Lar				30	
Prunella, Self-heal	<i>Prunella vulgaris</i>	Sun shade	Dry Moist	Purple	Sum Fall	Yes	Per		Pol	Seed						18	spreads
Sedum	<i>Sedum stenopetalum</i>	Dry	Dry	Yellow	Sum Fall	Yes	Per		Pol	Seed		BF Lar				10	Elfin?

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Arrowleaf groundsel	<i>Senecio triangularis</i>	Sun Shade	Dry Moist	Yellow	Sum Fall	Yes	Per		Pol	Seed		BF				48	Best in wild area
Checker mallow	<i>Sidalcea spp.</i>	Sun	Dry	Pink	Sum	Yes	Per		Pol	Seed		Lar				48	
Mountain kittentails	<i>Synthyris missurica</i>	PSH	Moist	Blue	Sum	Yes	Per		Pol	Seed						12	
Blue-eyed grass	<i>Sisyrinchium idahoense</i>	Sun Shade	Dry Moist	Blue	Spr Sum	Yes	Per		Pol	Seed						12	
Goldenrod	<i>Solidago missouriensis</i>	Sun	Dry	Gold	Sum Fall	Yes	Per		N/P	Seed	Y	BF			Rhiz, seed	22	S. canadensis too tall & vigorous
Orange globe mallow	<i>Sphaeralcea munroana</i>	Sun	Dry	Orange	Sum	Y	Per		Pol	Seed		Lar				30	Northern White-Skipper, Checkered-Skipper
Twisted stalk	<i>Streptopus amplexifolius</i>	Shade	Moist	White	Sum	Yes	Per		N/P	Fruit					Rhiz	30	
Foamflower	<i>Tiarella trifoliata</i>	Shade	Moist	White	Sum	Yes	Per		Pol	Seed					Rhiz	20	Forms colony
Western meadowrue	<i>Thalictrum occidentale</i>	Shade	Moist	Mixed	Sum	Yes	Per		Pol	Seed						30	
Golden pea	<i>Thermopsis montana</i>	Sun Shade	Moist	Yellow Gold	Sum	Yes	Per		Pol	Seed		Lar				36	Forms colony; Orange sulphur
Brodiaea	<i>Triteleia grandiflora</i>	Sun	Dry	Blue	Spr Sum	Yes	Per		N/P	Seed					Bulb	22	Seeds a lot
Trillium	<i>Trillium ovatum</i>	Sun Shade	Moist	White	Spr	Yes	Per		Pol	Seed					Bulb	18	Forms colony if happy
Purple trillium	<i>Trillium petiolatum</i>	Sun Shade	Moist	Purple	Spr	Yes	Per		Pol	Seed					Bulb	12	
Blue violet	<i>Viola adunca</i>	Shade	Moist	Blue	Sum	Yes	Per		Pol	Seed		Lar				10	
Yellow (pioneer) violet	<i>Viola glabella</i>	Shade	Moist	Yellow	Spr	Yes	Per		Pol	Seed		Lar				10	